

BUCKET LIST FOR STRONG WOMEN 250 THINGS THAT MAKE WOMEN HAPPY

by Sabine Wachtel

CONTENT:

Here comes a funny and quirky list of 250 ideas and challenges every woman should go for!

Based on the idea that accomplished and matured women often have less confidence in themselves than 20 years olds, this Bucket List is meant as an inspiration and motivation to clean up your life and look out for the things which really matter to you and contribute to your well-being. A great gift for (girl)friends, pals and besties – get inspired and check out 100 ideas to enrich your life!

The author Sabina Wachtel, born in 1967, is an entrepreneur, speaker, author and columnist. She runs an agency which consults top managers from business, politics and sports with regards to dress code and style, and also appears in several German TV programmes. Her first book, published ten years ago and aiming at "all women who don't want to shoot themselves at the age of 40", was a real bestseller in Germany.



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